



Progress Report

2019-20



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Founder's Note

“Ever since the coronavirus pandemic hit the country doctors have been working round the clock to save the lives of people. In the process, many committed doctors succumbed to the deadly virus. Initially, when there was no clarity regarding the treatment of coronavirus, we used our experience and treated patients. There was a time when the doctors and people working in the hospitals did not even have sufficient personal protective equipment, yet we did not step back from their duty and continued their service for the larger good of society.

Being at the forefront in the fight against corona I had seen human suffering like no other. Despite all our efforts, we saw people dying every day. This made me realize how fragile life can be and there is so much that I can do to make life easy for people around me. Understanding the risk police officers go through Sai Sanjeevani distributed masks, sanitizers to officers on duty. Needy and poor households of Nashik were provided with groceries and immunity boosters. In midst of the pandemic, some tribal people still don't have access to basic health care services. In an attempt to reach them free complete body check-ups and eye checkups were organised in the tribal areas of Nashik. Through our activities this year we tried to address the immediate needs of beneficiaries to ease the situation around them.

I would like to thank our team for standing by the mission of the organisation. It is because of their grit and determination we were able to serve society during these challenging times.

The fight is not over yet. The virus is still threatening our lives. It's the time to unite and contribute to the betterment of society. Sai Sanjeevani will keep making efforts in making the people's better but I will like to request each one of you to come forward and do your bit to overcome this challenge.”

-Dr. Bhalchandra Thakare,

(Founder, Shree Sai Sanjivani Sanstha)



About Organisation

Nashik is the fourth largest city in Maharashtra in terms of population after Mumbai, Pune, and Nagpur. According to the Census of India, 2011, Nashik had a population of 1,486,053. Nashik Civil Hospital is the only one with level 2 facilities in the district. It has to cater to the needs of patients from 15 talukas – approximately 61 lakh people – half of which fall under the tribal belt. A few private hospitals are offering the services needed to treat various medical problems like delivering premature babies etc., their fees are exorbitantly high and thus unaffordable for many tribal families.

The sole purpose of Shree Sai Sanjivani Sanstha is to create awareness about health, hygiene and provide every household with basic medical facilities and conduct awareness programs to educate them about Government schemes and policies related to medicine. Shree Sai Sanjivani Sanstha has been active in tackling issues related not only to Healthcare but also issues related to women and children in the financially weaker sections in Nashik. Hence along with making healthcare facilities available for these underprivileged sections, the organisation emphasizes educating and creating awareness amongst these sections, especially in women and children. In these difficult circumstances, many organisations and Nashik Municipal Corporation are constantly trying to adopt new methods to cope up with this problem. The system with which Shree Sai Sanjivani will be in constant touch will be the Zilla Parishad of Nasik district.

Best Clinical decisions are at the heart of appropriate care, the goal to which our system should aspire."

- Dr. Anna Reid

Sanstha was established with a motive to Shree Sai Sanjivani Sanstha was established with a motive to normalize the availability of basic health care facilities for everyone in Nashik including the people living in tribal areas and the urban slums. It was started in the year 2002 and has since then is working tirelessly in the fields of health care and education of tribal families for the past 18 years.



Vision Mission Values

Vision

The Vision of Shree Sai Sanjivani Sanstha is to provide health care facilities to every household albeit of its financial status, caste, or remote location.

Mission

Our mission is that not a single person in Nashik is deprived of basic health care and nutrition especially in the tribal areas and urban slums of Nashik.

Values

The base on which Shree Sai Sanjivani stands strongly are values such as

- Compassion
- Love
- Dependability
- Reliability
- Efficiency
- Honesty
- Service to others and optimism

Pillars of Shree Sai Sanjivani Sanstha



● Health



● Education



Health

Covid Relief Work





Covid19 Safety Kit Distribution

During the Covid19 Pandemic Police and Doctors played a vital role in enforcing the lockdown guidelines in many ways. Not to mention that while doing so they were under tremendous pressure and risk. Also, their duty hours increased, and working in Pandemic inevitably put their families at high risk.

Considering the sacrifices police officers were making to keep the common people safe, Sai Sanjeevani Santha decided in contributing their part to keep the police officers safe and hydrated. On 5th April 2020 face shields, masks were distributed to all the police officers working in Nasik. Also, cold drinking water, biscuit packets, and sanitizes were distributed to all the on-duty police officers and doctors on that day.



4000

Police officers and Doctors benefited from the distribution program



Ration Distribution

The economic and social disruption caused by the pandemic is devastating due to loss of livelihood people are at risk of falling into extreme poverty, while the number of undernourished people is drastically increased. For people in poverty and already facing economic challenges it becomes a tough task to arrange food on the table. Vulnerable families were at the risk of not only the pandemic but also dying of starvation.

Team Sai Sanjeevani came together to distribute ration kits to the needy during the pandemic. This activity served poor and needy laborers, tribal families, vulnerable women, and children from the Nasik region. Ration kits had wheat, rice, dal, oil, chili powder, salt, buttermilk, and other essentials coarse cereals in them. In the growing hunger crisis, all around this program helped the vulnerable people to sustain for few months.



500 Laborers

On 27th April 2020, 500 poor and needy laborers from Rane Nagar and Cidco were served through his program.

200 Tribal Families

Tribal families and children from Trimbakeshwar were provided with ration kits and buttermilk in May

200 Women

On 4th June 200 women from Sathpur Kamgar Nagar and Shramik Kamgar Nagar received ration kits.



Covid19 Awareness Program and Immunity Booster Distribution

Considering the rising number of COVID-19 cases and deaths across rural and tribal areas of Nashik, a group of members from Sai Sanjeevani formed a COVID-19 awareness task force committee to check the spread of the virus. Awareness programs were being held to educate and assist villagers in safeguarding themselves from the virus. The importance of wearing masks, maintaining social distancing, and using sanitizer to fight COVID-19, distribution of immunity boosters like arsenic album 30, and masks were a few of the tasks carried out by the committee. During the awareness drive, facts about coronavirus and the precautionary steps are explained in the local language so that people could understand more effectively. The committee felt it is their responsibility to do their bit by educating the rural and tribal people about the precautionary steps to be taken against the deadly virus so that lives were saved.



Families of Newspaper Sellers

Homeopathic Immunity Booster Arsenic Album 30 was distributed to families of 1000 newspaper sellers from Nashik city on June 19th, 2020

Nashik Citizens

With the assistance of Nashik Mahanagar Palika Arsenic Album 30 was distributed to 21 lakh citizens of Nashik City and to almost 7 lakh families for the entire month of July.

500 Villagers

In association with Inner Wheel Club Nashik, Sai Sanjeevani organised the Covid19 awareness initiative for a tribal community in Gajar Wadi, Trimbakeshwar. On this occasion, Dr. Jyoti Patil informed the villagers about the spread, symptoms, and prevention of Covid19 disease. At the end of the session masks and arsenic album 30 were distributed among 500 villagers who participated in the program.

Rural and Tribal Communities

In the rural and tribal areas of Aadachi Wadi, Devlachi Wadi, Chapyachi Wadi, Korad Wadi, Kharad Wadi, Ondali similar awareness drive on Covid19 disease was organised on 21st July 2020. Children and families of the Gram Panchayat School participated in the event. During the program importance of precautionary measures was explained to the villagers. With the help of Sarpanch and the School teachers masks and arsenic album 30 was given out to all the participants.

Families of Police Officers

On 20th September 2020, 200 masks and arsenic album 30 was distributed to families of Police Officers working in Gangapur Road Police Station

500 Prisoners

In collaboration with Tanishka Firm, Sai Sanjeevani arranged a Covid19 awareness program on 15th august 2020. The program was conducted for the prisoners of the Nashik Road prison. Prisoners were informed about the disease and preventative measures to safeguard themselves. As the Raksha Bandhan festival was approaching 500 prisoners were also given Rakhis. 200 facemasks and 2500 bottles of arsenic album 30 were distributed among the prisoners

Tribal Communities

In partnership with Nashik Zhila Parishad, Team Sai Sanjeevani successfully distributed 20 thousand bottles of Arsenic Album 30 to tribal communities belonging to Trimbakeshwar, Peth, and Surgala Taluka's from Nashik District. The entire project was generously funded by TDK India Ltd

Officers of Nashik City Traffic Police

On 20th February 2020, in coordination with Good Share Consultancy 1000 N95 Masks were distributed to the police officers and executives of the Nashik City Traffic Police Department

250 Tribal People

Covid19 awareness drive was conducted in Nagshwadi village of Surgana taluka. 250 people from the tribal community there actively participated in the drive.





Health Check-up and Treatment Camps

Rural areas often suffer from a lack of access to quality healthcare services. A variety of elements contribute to these problems in rural areas, including a declining population, economic stagnation, shortages of physicians and other health care professionals, a disproportionate number of elderly, poor, and underinsured residents, and high rates of chronic illness. During times of pandemic, it is even more important that rural people must be given proper and regular access to health care facilities. Sai Sanjeevani arranged multiple full body check camps (Sarva Roj Nidan camps) in various rural and tribal areas of Nashik to sensitize people about their health.

During these camps a thorough inspection of the patient's body was done, all major ailments were checked and the patient was guided with the suitable treatment accordingly. In case if a patient had a severe medical issue or a serious health condition, he/she was guided further to seek the best of medical care by directing them to Government hospitals or Sponsored treatments in the multi-specialty setups. The facilities provided in the medical camps along with the medicines post-diagnosis were given free of cost.



450 Patients

On 4th January 2021, a full-body check-up camp and eye check-up camp were organised in Girnare Village of Deola Taluka Nashik. 450 patients from the village benefited from these camps

600 Patients

On 5th February 2021, a full-body check-up camp and eye check-up camp were organised in Ghoti Village of Igatpuri Taluka. 600 patients benefited from these camps



Distribution of Food Packets and Water Bottles

During the Covid Pandemic lot of migrants were leaving the cities and returning to their hometown walking. During these tough times, food packets and drinking water was distributed to these migrants at the Mumbai Agra highway Nashik. To cater to their health needs health check-up camps and medicines were provided to the migrants. Migrants use to continuously walk so they will require a place where they can take some rest, a temporary open shelter was created which can cater to 500 migrants. All this support was provided with the help of Nashik Municipal Corporation and Bharti Jain.



3500 Patients

Migrants distributed with food packets & water bottles. Health camp facilities and medicines provided as per need.

Education





Farmer's Get Together (Fair)

Farmer's fairs play a pivotal role in the dissemination of agricultural and allied sectors information intending to create awareness and to educate the farming community. Farmer's fair is an attempt to demonstrate the technologies developed by the State Agricultural Universities (SAUs), Krishi Vigyan Kendras (KVKs), line departments, Non-Government Organisations (NGOs), private agencies, etc. It is also the best place for the people to learn who hardly visit outside to learn. These fairs also provide opportunities for the farmers to share their experiences with the gathering and improve their knowledge by the "Seeing is believing" principle by visiting the different stalls, experimental farms present at the fair. Similar Farmer's Fair was organised by Sai Sanjeevani on 2nd December 2020



Soil Testing Camp

Soil is a critical part of successful agriculture and is the source of the nutrients that we use to grow crops. To analyze how good the soil is various soil tests are done. Soil tests determine the soil's nutrient level and pH content. Armed with this information, farmers can define the quantity of fertilizer and the exact type that is needed for application to improve the soil on your farm. This is an essential piece of information as fertile soils are necessary to grow healthy crops.

To make farmers aware of techniques to analyze their soil, Soil Testing Camp was organised at Welunje Village, Trimbakeshwar on 20th December 2020. During these camps importance of soil testing was explained and various soil testing techniques were demonstrated. After the session farmers were capable of identifying 3 major nutrients in the soil namely nitrogen, phosphorus, and potassium. They were also able to determine soil acidity and pH. In the future, this information will facilitate farmers to choose the right amount of fertilizers to grow healthy crops.

300 Farmers

Participated in the camp



Awareness session on Farmer Producer Company

The economy of India is agricultural-centric. 60% of the population depends on agricultural outputs for livelihood. Yet farmers (producers) face a lot of struggles like agricultural labor, technological advancements, policy changes, etc. To address these issues Farmers Producers Companies concept was introduced by the government under the Companies Act. Through this act primary producers get access to input, credit, production technology, and market analysis.

Irrespective of the government operating such schemes it's very unfortunate to know that many farmers are still unaware of it. Hence creating awareness about policies becomes a crucial part of social development programs.

With a similar vision in a mind awareness campaign on Farmers Producer Company was organised by Sai Sanjeevani. Mr. Rahul Devre addressed everyone during the session. During this campaign farmers were informed about the meaning of Farmers Producer Company, Activities authorized under such companies, registration process, documents required, and benefits enjoyed by them.



Awareness of Government Policies in Rural Areas

Lack of awareness is the key challenge in rural development. Although various schemes for rural development are launched by the government there is hardly any awareness among the beneficiaries. Especially women of rural communities who are handicapped because of caste, class, and gender hierarchies, religious discrimination, and illiteracy have no access to platforms designed for help.

Sai Sanjeevani believes that organisations working towards the overall development of rural areas should be motivating and creating public awareness about the government policies. These policies play a vital role in empowering farmers, women, and children. Hence educating them about these policies is one of the primary tasks while working in rural areas.

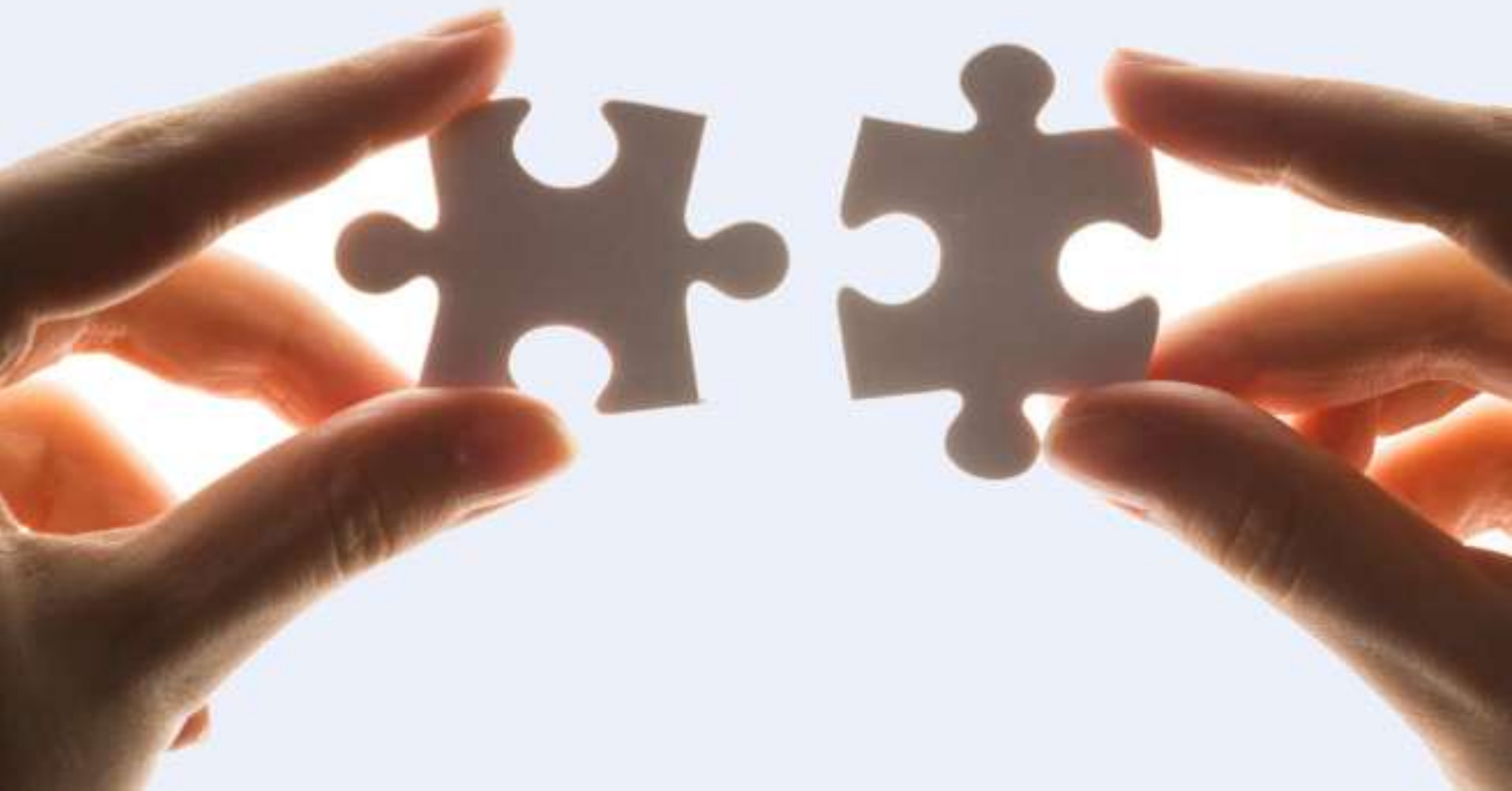
The awareness drive was conducted for farmers and women of during this drive, villagers were made aware of



300 Farmers

Participated in the camp

Key Stakeholders



- **Pushkar Eye Hospital, Nashik**
- **Dental College of Nashik**

Way Forward



Sai Sanjeevani Sanstha is working towards the idea of making health care facilities accessible, affordable, and efficient for all the tribal families of Nashik. They are denied these facilities because of their remote locations. During these challenging times, every person must have access to doctors. Hence Shree Sai Sanjeevani Sanstha will be launching mobile dispensary services in Nashik mainly over-crowded slums and remote tribal areas of Nashik.

These mobile dispensaries will be having a Doctor, Nurse, Attendant, Pharmacist, and field worker. Field workers will be responsible for informing the community about the facilities provided through the dispensary. We will be active 6 days a week and our target is to reach 150 to 200 patients per day.

Tribal belts from Trimbakeshwar, Peth, Surgana, Dindori, and Igatpuri will be our main focus areas. We want to instill health-seeking behavior amongst the tribal groups as health is a non-negotiable entitlement to every human being. Most of the tribal population, in general, live in remote areas in relative isolation, in natural surroundings, maintaining a socio-cultural distance from developed communities. Our effort is to assist tribal people in availing the benefits of health systems and creating awareness among them.

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